

# THE NEWS

MAY 2021



## North Carolina Dressage and Combined Training Association

### A Day With Lynn Palm

By: Heather Hamilton Boyer

On March 24th, 2021 we here at Heather Ridge Farm held a Western Dressage Clinic. Legendary Lynn Palm was the clinician and it was such a privilege to have her teach at our farm! We had seven riders at different levels willing to lesson in front of about 40 auditors. We were certainly lucky with the weather as we thought we were going to need umbrellas the night before the clinic. The weather was sunny and toasty, with the storms rolling in about an hour after the clinic concluded. The men of the farm prepared a beautiful and yummy lunch for all, and our students made sure our auditors stayed comfortable serving water and snacks throughout the day.



Cricket Gentry rode her horse Magic in the Western Dressage Clinic with Lynn Palm. Photo by: Heather Hamilton

With each rider and lesson, we all learned very valuable pieces of the basics. Lynn Palm was approachable, well spoken, and held each rider accountable for their role in the ride. Every rider and horse left the arena with their basics more in place. One of the biggest takeaways of the day was, the quality of riding leads to the quality of the horse underneath the rider. So, what does this mean exactly? The aids, communication from the rider to the horse must be performed correctly. Words from Lynn Palm herself:

- *"Purpose of aids is to develop the horse's consistent tempo and balance."*
- *"Light aids = Willingness" If we beg, we are giving the horse permission to ignore our aids.*
- *"Respect aids sequence: Seat 1st, Legs 2nd, and Hands 3rd."*
- *"A correct position of legs and arms is essential for being effective with the aids."*
- *"Rider's balance is essential for clear and consistent use of aids."*
- *"Forbidden to pull back with the reins to slow down, stop, or turn. We spend a lifetime of riding learning not to pull."*
- *This was not a quote from Lynn, but another message that was taught on clinic day. If you were asked to ride a 20 m circle or a movement of the level you had told Lynn you were at, it was expected that you knew how to ride a 20 m circle or that movement. Why was the accuracy so crucial you might ask? It was a direct evaluation of your aids and how they were being presented to your horse. If you did the circle wrong the first time, why would you continue to do the circle wrong a second time? Evaluate what went wrong the first time and correct the aids from there. Lynn believed in fixing what the problem was and not repeating the same error over and over. Repeating an error was just strengthening the horse incorrectly rather than developing the balance to do it correctly.*

In summary on the role of the rider. It is very important that we as riders do our part: develop our seat, find our own personal balance and understand the purpose of the level we are riding. The more correctly we ride, the more correct our horse will become. *Continued on page 3.*

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# NCDCTA 2020 Board of Directors

Visit [www.NCDCTA.org](http://www.NCDCTA.org) for contact information



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**NCDCTA Newsletter Deadline is May 10<sup>th</sup> for the June Issue!**

NCDCTA Newsletter Editor - Shannon St.Clair Hoffman - [news@ncdcta.org](mailto:news@ncdcta.org) or (919) 754-7568

**Annual NCDCTA Membership:**

Senior Member - \$59, Junior Member - \$49, Family Member - \$39  
 (Family member must reside at the same address as active Senior Member)

Join/Renew Today at: [www.ncdcta.org/membership](http://www.ncdcta.org/membership)

Annual NCDCTA Horse of the Year Registration (Expires 11/30 annually)

Horse Registration - \$50 or one volunteer card

Register Your Horse Today at: [www.ncdcta.org/horse-registration](http://www.ncdcta.org/horse-registration)

Note: To qualify for Horse of the Year (HOY), Rider/Owner must be active members and Horse must be registered at the time points are earned.

## NEW at [NCDCTA.org](http://www.NCDCTA.org)

**Business Directory**

**Disclaimer**  
 The North Carolina Dressage & Combined Training Association (NCDCTA) does not endorse, nor is it responsible or liable in any way, for any services provided by the individuals noted in this directory listing. This directory listing is provided as a benefit for active NCDCTA members. The individual NCDCTA members listed below are wholly responsible for this content and any services provided therein.

[Click here to add your business](#)

FOR MORE INFORMATION:  
[Membership@NCDCTA.org](mailto:Membership@NCDCTA.org)

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The NCDCTA Business Directory is open to all active NCDCTA members and is not limited to “equestrian” businesses! Inclusion in the Business Directory is not automatic. You must submit a separate form with your business information.

<https://www.ncdcta.org/business-registration> Business directory information includes a logo (3.5” x 2”), Name, Tag Line, Description (<50 words), Contact Name, Phone, Email, URL, Address & Business Category.

**Resources**

- NCDCTA: Contact Information
- NCDCTA: Association Information
- NCDCTA: Scholarships & Grants
- Dressage Tests
- Governing Bodies
- Rules

Send suggestions for additional links to:  
[membership@ncdcta.org](mailto:membership@ncdcta.org)

Continued from Front Page.....

### What is the difference between western dressage and traditional dressage?

Western dressage requires less volume in the gait versus traditional dressage, otherwise the classical principles apply to both. The balance we would expect in traditional dressage is also the balance expected in western dressage.

### What things do we look for, and should look for in the balance in any discipline related to dressage?

Here are the points that Lynn pointed out to us at the clinic related to her "Golden Rules."

- "The horse should not be ridden with the poll lower than the withers except in free walk and free jog."
- "A horse cannot be ridden with the horse's nose behind the vertical."
- "The horse has to have 3 true rhythms (the rhythm is the gait): 4 beat walk, 2 beat jog(trot), and 3 beat lope (canter)." Lynn made a note that gaited horses and pacers aren't true rhythms and are man-made gaits. With saying this, there are dressage tests specifically for the horses with these types of movements and recognize these different gaits.
- "The horse must have an even amount of weight on each leg or more weight on the hind legs than the front legs."
- "In order to put your horse in balance, your horse must be straight. To be straight, the horse's body position should mirror the exact shape of the track followed."

In summary, the balance that is being developed comes from classical training. All breeds are capable of dressage. The build of the horse may make it easier for some horses to move up the levels and carry out the more collected movements of the upper levels, but all horses benefit from dressage. The balance is critical for the quality of performance, because only with balance can a horse perform "easily and stress free, mentally and physically" according to Lynn.

As an L graduate with distinction this clinic really helped bring simplicity for judging traditional dressage and western dressage. It was such an honor to meet someone that has had such an influence not only in traditional dressage, but in paving the way of western dressage and helping make it more popular.

Western dressage is great for every rider and horse, but in my opinion it also serves other demographics of those who love dressage, love the balance, the finesse, the process to improve and sustain the horse's body through classical principles. These demographics include: riders that may physically not be able to handle the impulsion needed in traditional dressage; horses that may not physically be able to deliver the impulsion or elasticity needed in traditional dressage but are super accurate and handy. Western dressage gives us another place for horses and riders to shine while staying true to the foundation of dressage; a gymnastic sport that encompasses balance, suppleness, and the obedience to correct aids.

Photos of the other riders in the clinic with Lynn Palm.  
All photos by Heather Hamilton.



Carla Wennberg riding Tally Roo



Tyler Hornbeck riding Crow



Winston Dwyer riding Austin Powers



Elizabeth Lawrence riding Psylent Encore



Amanda Delgado riding Athenian Lady

# Raleigh Summer Dressage I & II

July 31-August 1, 2021

Hunt Horse Complex, Raleigh, NC



Two shows – TWO Opportunities to qualify for championships  
(Dressage & DSHB both shows)

Qualifying Event for  
2021 USDF Breeders Championship East Coast Series

Sixteen Opportunity Classes each day from Intro-Third Level and Equitation  
Special Intro TOC for Juniors age 12 & under  
Jovee Pony Farm Pony TOC each day (qualifies for Jovee Pony Farm  
Championships)

Fifteen Breed registry awards (Dressage and DSHB)

Many special awards each day, including:

High Score at each Level, Best Rider, High Score Trainer, High Score AA,  
High Score Jr/YR, High Score NCDCTA Member and Born in USA



## Eventing Grants:

Fall Eventing Grant: Due August 1 annually

Spring Eventing Grant: Due March 1 annually

Any questions can be directed to [eventing@ncdcta.org](mailto:eventing@ncdcta.org)

Application: <https://www.ncdcta.org/eventing-grant>



## Junior/Young Riders Scholarships:

- Labor of Love (due TBA)
- Harvest Moon (due TBA)
- Autumn Leaves (due TBA)

Each scholarship will cover the cost of four classes, one stall, and a shared tack stall. This application, due by the show's opening date, will be randomly selected. Applicants do not need to be NCDCTA members.

Application: <https://www.ncdcta.org/junior-scholarship>

## Why horses: Jennifer and Julie's story

By: Dianne May

I've been asked countless times what it is about horses that keeps me owning them and competing; that brings me to the barn in all kinds of weather from hot humid sticky days to cold windy winter days. Why put up with the bugs and the frozen buckets, much less the dirt, and sunburn, and freezing toes and fingers. Why horses? I rarely have concrete answers for those questions besides the standard: I love them and always have. But, this past weekend gave me the incentive to try to express myself better.

Eight years ago, I took in a boarder to my small backyard barn. A friend's daughter was heading off to college and didn't want to sell her pony and I'd recently become pregnant with my third child and needed barn help. Amanda Cooper, the mom, Jennifer Smith, the daughter, and I worked out a deal and that summer they moved Jennifer's paint pony, Julie, to my barn. Little did any of us know where the road would take us.

What I discovered almost immediately was that Julie was one of those accident prone horses. A week into living at our barn we turned her and my mare out together. Of course, they'd already sniffed noses across the fences. They seemed amenable. But looks are deceiving. Within five minutes the two got into a kicking match. When they finally separated, Julie was bleeding profusely from a leg wound. A call to the vet, and countless stitches later, Julie was sanctioned to stall rest and Jennifer had to put on hold any summer shows she planned. This became a pattern not easily broken. Jennifer went off to school and Amanda took over helping me at the barn as well as doctoring the numerous scrapes that Julie got into. It was during that time that I started taking lessons with Amanda, who was not only a horse person, but an experienced eventer and trainer.

By the next summer things were looking up for Jennifer and Julie. They managed one or horse trials before Julie came in lame one afternoon. Another call to the vet and the grim diagnosis of a pulled suspensory. Julie was put back on stall rest. Just when the summer was waning and Julie was almost healed, she started limping again. Another call to the vet and the heart breaking diagnosis that she had reinjured her suspensory. The decision was made to turn Julie out for a year and see what time could do. I'd added another horse to my menagerie by this time and Jennifer started riding him in the meantime. A year and a half later, Julie didn't look half bad. Tentatively, Jennifer put her back into work, building her up slowly. But tragedy struck again. Unbeknownst to any of us a neighbor set off fireworks on Memorial Day weekend. I was gone for most of that night and the horses turned out. By the morning when I walked out to say hi to Amanda and Jennifer the worst was confirmed. Petrified by the fireworks, Julie had tried to climb out of the pasture by way of the five foot cinder block wall. In the process she'd ripped open both her front legs and now stood in pain and shock, her legs swollen to three times their normal size. The vet advised that their best option was to go to one of the university hospitals. Somberly, they loaded Julie and set off not knowing if she'd survive the trip.

At Virginia Tech, they were presented with a potential vet bill of upwards of \$10,000 and gut wrenchingly contemplated putting Julie down. But a kindly older vet pared down the bill and gave them an option of doing most of the care themselves. They left Julie for two days and then returned and brought her home with three pages of instructions and baskets full of supplies. They stationed a huge exhaust fan in front of Julie's stall and doctored her legs, especially the left one which had been ripped open right down to the bone. With infinite patience, hard work and luck, Julie survived that hot summer and into the next year. By springtime she was actually sound. Working slowly, Jennifer brought her back into shape. Later that summer they competed for the first time in years bringing home a third place ribbon in the maiden division of the War Horse event series in Southern Pines.

For the next two years Julie stayed sound and Jennifer and I competed at local schooling horse trials. Last year we went to Tryon to watch the cross country day of the Blue Ridge Horse trials. It was an awesome event and an idea was born. In January, Jennifer decided she wanted to try to compete there on Julie. At 21, Julie still seemed spry and able, but Jennifer knew Julie's competing days were winding down due to her countless leg injuries and a recent diagnosis of low level COPD. With dedication and patience Jennifer began preparing Julie. Jennifer knew she couldn't push her too hard but also had to make sure she was conditioned enough to tackle the challenging course. Jennifer reiterated more than once to me, "I don't care if we place. I just want to go and compete and be a part



Jennifer Smith and her mom Amanda Cooper during a show in Tryon, NC. Photo Credit Dianne May

of it." I agreed with her. All summer we held our breath as Jennifer prepared Julie. Would she stay sound, was her breathing okay, would she injure herself days before and force them to withdraw. In the end everything fell into place and on Friday the 11th we loaded Julie up and headed to Tryon. I knew it would be a weekend to remember but that was an understatement.

Julie took the size and hustle of Tryon in stride, settling into her stall Friday and going for a relaxing hack with Jennifer; never once acting nervous or silly. Saturday dawned with gray skies and on-and-off drizzle. After feeding Julie breakfast, we walked to the cross country course along the hacking path, which winds through the woods and along the creek. The course itself was impressive. The jumps at beginner novice were the biggest and widest I had ever seen and the course, though beautiful, was hilly. If Jennifer was daunted by it, she didn't show it. She and Amanda discussed tracks to jumps and places to let Julie gallop. At 14.2 hands Julie has to move to make the time on cross country. After a quick breakfast, we returned to the barn to get Julie ready for dressage. Julie and Jennifer warmed up in the covered ring next to the big moving warmbloods and supple thoroughbreds, and then went in and laid down one of the best tests of their career.



Jennifer Smith and Julie competing in Show Jumping  
Photo credit Amanda Cooper

Due to her stocky paint body build and short legs, which earned Julie her nickname Chubs, she would never float but when the scores were posted they sat 11th out of 16th. Jennifer was thrilled at how their ride went and the scores they received, as well as the fact that they got to ride in the big stadium next to the stands.

During lunch the skies opened up and poured. I was nervous for Jennifer as it rained thinking of what the footing might be on cross country. At 5:00 beginner novice started and Jennifer hopped onto Julie to make the long trek to the course. Amanda and I got in the car and drove there to meet her, fingers crossed the whole time that the purple clouds in the sky didn't bring thunderstorms. With butterflies in my stomach, the announcer began the countdown. Julie cantered out of the start box, winged her way down to the first jump and ate up the course. When we met them at the finish line, Julie was barely blowing and Jennifer was smiling through her tears regaling us with how brave her pony is and how one of the jump judges called out to her as she galloped by "go pony go." And go she did. When the dust settled at the end of the day, Jennifer and Julie had moved up to sixth place.

Sunday dawned with more gray and rainy skies. Julie came out stiff, which any middle aged woman will tell you is par for the course, much less if you've run the equivalent of a marathon the day before. Jennifer gave her plenty of time to warm up and loosen up. But when she pulled a rail in the warm up ring, unusual for Julie, we all worried. Jennifer reached down and patted Julie's neck and said to us "if I go in and she can't do it, I'll retire. She doesn't have to prove anything." But in true Julie form, when it was their turn she jumped like a grand prix jumper and Jennifer rode like a professional. It was the epitome of teamwork and relationship. They each gave their all to the other and when it was over Jennifer placed 5th out of 16 riders. It was the most memorable weekend filled with lots of smiles and lots of tears of joy. Standing on the sidelines I am thankful to have witnessed it. To see the culmination of years of hard work, sweat, tears and love realized was inspiring and that culmination wasn't the ribbon, but rather the outward expression of an inward emotional connection and partnership. The ribbon was just the whip cream on top.

People wonder why we love horses, why we put up with lots of daily work and early mornings, lameness and dirt and bugs. I can't speak for everyone but witnessing Jennifer and Julie's accomplishments this weekend it was obvious they have a partnership. They both trust each other and try their hardest for each other. It's an incredible thing to find that with another being, the ability to trust, to communicate without words, to ask for and be given love and trust in return.

Horses are my sanctuary. I find peace in the sweet smell of fresh cut hay, the quiet munching of a horse eating grain, in the soft nuzzle of a muzzle, the briefest nicker, the liquid brown eyes that give love and acceptance without asking for much in return. They are large animals that do not have to carry us on their backs, but they do. And sometimes when all the pieces fall together, when all the years of work and trust and love coalesce, they bestow on us the ultimate gift: the ability to fly without wings. I believe that "flying" is personal to each horse lover, to some that flight might be a trail ride through fall foliage, a dance down the centerline, a rush around barrels, a gallop through water. It is what makes our hearts soar and our worries disappear, and a connection to a thousand pound animal tangible. If we figure out what we need to fly and we ask this powerful and elegant animal for it, if they can, they will grant it. And how lucky are we to receive a gift like that.



Danielle Farr-Veazy  
 Ellen Ziemer  
 Candice Carter  
 Tim Russell  
 Abigail Cornell  
 Grace Gerber  
 Allison Sandifer  
 Fran Castle  
 Alyssa Heidenreich  
 Aidan Thurling  
 Karen Riley  
 Debbi Henderson  
 Amy Warren  
 Cathy Gould  
 Frances Reifler  
 Lori Beale

Stacey Quaranta  
 Debbie Saunders  
 Maggie Bishop  
 Marion Price  
 Erin Hite  
 Sharon Lau  
 Tyler James  
 Janaya Glover  
 Kimberly Chrismer  
 Haven McConkey  
 Vicki Reynolds  
 Mandy Lindler  
 Ashley Haffey  
 Linda Peters  
 Bo Belton  
 Michelle Chisholm

Nicole Sinclair  
 Dawn Weniger  
 Anna Norton  
 Jennifer Fulmer  
 Natasha Corday  
 Edi Zywicki  
 Janet Walker  
 Becca Swann  
 Amy Brumbach  
 Grace Livingston  
 Lucino Morales  
 Emily Lasher  
 Sarah Brown  
 Iselle Longman  
 Willow Chase



NCDCTA Sponsored Competition

# *Capital Dressage Classic*

JUNE 5 & 6, 2021



*Gov. James B. Hunt Horse Complex, 4601 Trinity Road, Raleigh, NC*  
**Opening Date: April 15, 2021**  
**Closing/Received by date: May 26, 2021**

**Online entries at: [www.equestrianentries.com](http://www.equestrianentries.com)**



**Manager/Entry Secretary: Teresa Uddo**  
 Phone: 352-636-2669 Fax: 321-233-0221  
 Mail entries: Teresa Uddo – Entry Secretary  
 1082 Berkshire Lane, Aiken SC 29805

NCDCTA Junior Scholarships due 4/14/2021  
<https://www.ncdcta.org/junior-scholarship>



## “MEET THE BOARD” QUESTIONNAIRE – Joan Hilsman

### 1. Describe your role and responsibilities on the board.

I am VP and in charge of membership. I work with our Membership Chair, Will Barrus. I am also responsible for Chairing the Annual Scholarship Committee and I also work on developing our Charitable Giving.

### 2. What is your background and current involvement in the NC horse community?

I started riding when I was six-years old in the Chicago area. We then moved to our family's cattle ranch in Arkansas, where my dream as a youngster came true & we owned 5 horses. I did barrel racing & rode in parades on my little pinto! I graduated from Cal Poly with an Animal Science degree & moved to MA, where I was the head of the first vet tech program in MA, that we coordinated with the Tufts vet school.

From there, I've lived in France, England, NY, OK and TX., and always owned horses. I got into eventing thirty-years ago with my kids & we have stayed with that discipline ever since.

I am currently on the Board of the Carolina Horse Park & am Education Chair. I also volunteer as Awards Chair. I own four event horses that I currently compete.

### 3. What's your favorite thing about NCDCTA?

Many things!

A) HOY & having that goal to work towards with my horses

B) HOY gala!!

C) Having a local organization that sanctions shows & provides structure for organizers

D) Having an organization that works toward helping riders improve their education & skill set through the newsletter articles, clinic & scholarship opportunities

### 4. What would you like to see NCDCTA accomplish?

High on my list is finding out what benefits our membership would like to see offered that we currently don't offer. Next, is increasing awareness of charitable giving in our equestrian community.

### 5. What's something that people might not know about NCDCTA or being on the board?

Some folks may not be aware of all the Scholarships & dressage shows we organize.

They might not be aware of how fun it is to be on the board! Getting to know new people & having the opportunity to be a part of the decision making to create improvements & problem solve!

### 6. What's something non-horsey about you that you'd like to share?

My father raced sailboats in CA & introduced me on a sailboat race to my husband, who is also an avid sailor. We still have a sailboat but, these days, I let my husband do the sailing & I stick to the horses!



Joan Hilsman riding Talisman. Photo credit HighTime Photography.



Joan Hilsman riding NZ Highlander. Photo credit HighTime Photography.



## USDF Launches New Virtual Education Series

Lexington, KY (April 1, 2021) – The United States Dressage Federation™ (USDF) announced today the launch of its new USDF University Virtual Education Series. Developed with the support of the USDF Adult Programs Committee, this series will feature quarterly live webinars, covering a variety of topics of interest to our members. These webinars will be open to all members at no charge and after completion, will be converted into virtual courses hosted through USDF University. The first webinar of this series is *Tips for Improving Scores* with Kathy Rowse and Bill McMullin (USEF Senior Judges and USDF L Education and Instructor/Trainer faculty members, respectively), which will take place on April 14, 2021, followed by the second of the series in June.

USDF Education Department Director Kathie Robertson shared her excitement, "After such a positive reception to the education made available during the 2020 Adequan@USDF Virtual Convention, we are delighted to be able to provide a new and exciting educational experience to our members and to connect them in a more direct way to the experts on these fundamental topics."

Those interested in the *Tips for Improving Scores* event may [register online](#) now. For more information on USDF University, the new virtual education series, or other USDF educational offerings, visit the [USDF University](#) page of the USDF website or contact us at [education@usdf.org](mailto:education@usdf.org).

Founded in 1973, the United States Dressage Federation is a nonprofit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information on USDF membership or programs, visit [www.usdf.org](http://www.usdf.org), e-mail [usdressage@usdf.org](mailto:usdressage@usdf.org), or call (859) 971-2277.

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Phone: (859) 971-2277 Fax: (859) 971-7722  
E-mail: [usdressage@usdf.org](mailto:usdressage@usdf.org)



# NCDCTA CALENDAR

FULL SCHEDULE CAN BE FOUND AT [www.NCDCTA.org/calender](http://www.NCDCTA.org/calender)

SHOWS & EVENTS for 2021 are being scheduled now! Please check the Calendar online to stay up to date!

- 5/1/2021 - HRF D/CT/HT: Heather Boyer, 910-224-1719, hlhamilton07@gmail.com, [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)
- 5/1/2021 - Steeple Hill D/CT: Will Barrus, 336-410-1301, shfentry@gmail.com, <http://www.steeplehillfarm.com>
- 5/2/2021 - Antares Dressage: Vicki M Kelley, 910-610-8511, vicki@antaresdressage.com, [www.antaesdressage.com](http://www.antaesdressage.com)
- 5/2/2021 - HT at Whistling H Farm: Carrie Everhart, 919-413-0917, shawneeacres@gmail.com, [www.facebook.com/whistlinghillsfarms](http://www.facebook.com/whistlinghillsfarms)
- 5/7-9/2021 - Dressage in the Sandhills: Kay Whitlock, 9106928467, kaydq@fastmail.fm, [www.carolinadressage.com](http://www.carolinadressage.com)
- 5/8/2021 - Cinco de Mayo I: Carol Freligh, 843-876-6229, carol@scdcta.com, [www.scdcta.com](http://www.scdcta.com)
- 5/8/2021 - TTC D/CT/Jumper: Beth R McCashin, 337-978-3278, johnttc@aol.com, [www.TTCMocksville.com](http://www.TTCMocksville.com)
- 5/8-9/2021 - Tryon Spring Dressage 2: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>
- 5/8-9/2021 - Windridge Spring HT: Alicia Henderson, 828-674-1885, windridgefarmsnc@gmail.com, windridgefarmsnc.com
- 5/9/2021 - Cinco de Mayo II: Carol Freligh, 843-876-6229, carol@scdcta.com, [www.scdcta.com](http://www.scdcta.com)
- 5/12/2021 - Stable View Schooling Dressage: Chelsea St. Jacques, 484-365-3173, [secretary@stableviewfarm.com](mailto:secretary@stableviewfarm.com), [stableviewfarm.com](http://stableviewfarm.com)
- 5/15/2021 - Explore the Park Dressage: Todd A Erickson, 919-889-9445, tah@sportofhorses.com, [www.SportOfHorses.com](http://www.SportOfHorses.com)
- 5/15-16/2021 - WHES May HT: Abby M Schlicht, 910-875-2074, abby@carolinahorsepark.com, [www.carolinahorsepark.com](http://www.carolinahorsepark.com)
- 5/16/2021 - Cattolica Farm Spring Dressage 3: Lorraine Musselman, 919-218-6802, ltmddriving@aol.com, [www.cattolicafarm.com](http://www.cattolicafarm.com)
- 5/22/2021 - HRF D/CT/HT: Heather Boyer, 910-224-1719, hlhamilton07@gmail.com, [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)
- 5/22/2021 - Steeple Hill D/CT: Will Barrus, 336-410-1301, shfentry@gmail.com, <http://www.steeplehillfarm.com>
- 5/22-23/2021 - Dressage in the Spring at Bruce's Field: M Teresa Uddo, 352-636-2669, tuddo66@gmail.com, [www.aikenhorsepark.org](http://www.aikenhorsepark.org)
- 5/22-23/2021 - Lexington Spring Dressage: Janine W Malone, 919-602-6203, jemrph@aol.com, [www.rosinburg-events.com](http://www.rosinburg-events.com)
- 5/23/2021 - Stable View Eventing Academy Sch HT: Chelsea St. Jacques, 484-365-3173, [secretary@stableviewfarm.com](mailto:secretary@stableviewfarm.com), <https://stableviewfarm.com>
- 5/26/2021 - CLOSE: Capital Dressage Classic: M Teresa Uddo, 352-636-2669, tuddo66@gmail.com, [www.ncdcta.org/cdc](http://www.ncdcta.org/cdc)
- 5/29/2021 - The Oaks - Dressage & CT: Danielle M Jones, 919-260-4040, danielle@sharonoaksstables.com, [www.SharonOaksStables.com](http://www.SharonOaksStables.com)
- 5/29-30/2021 - MayDay Dressage: Kay Whitlock, 9106928467, kaydq@fastmail.fm, [www.carolinadressage.com](http://www.carolinadressage.com)
- 6/5-6/2021 - Capital Dressage Classic: M Teresa Uddo, 352-636-2669, tuddo66@gmail.com, [www.ncdcta.org/cdc](http://www.ncdcta.org/cdc)
- 6/12/2021 - Explore the Park Dressage: Todd A Erickson, 919-889-9445, tah@sportofhorses.com, [www.SportOfHorses.com](http://www.SportOfHorses.com)
- 6/12-13/2021 - Summertime Blues: Kay Whitlock, 9106928467, kaydq@fastmail.fm, [www.carolinadressage.com](http://www.carolinadressage.com)
- 6/12-13/2021 - WHES June HT: Abby M Schlicht, 910-875-2074, abby@carolinahorsepark.com, [www.carolinahorsepark.com](http://www.carolinahorsepark.com)
- 6/16/2021 - HRF Wednesday D/CT/HT: Heather Boyer, 910-224-1719, hlhamilton07@gmail.com, [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)
- 6/18-19/2021 - Tryon Summer Dressage 1: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>
- 6/19-20/2021 - Summer Solstice: Chelsea St. Jacques, 484-365-3173, [secretary@stableviewfarm.com](mailto:secretary@stableviewfarm.com), <https://stableviewfarm.com>
- 6/19-20/2021 - Virginia Summer Dressage: Janine W Malone, 919-602-6203, jemrph@aol.com, [www.rosinburg-events.com](http://www.rosinburg-events.com)
- 6/20/2021 - Tryon Summer Dressage 2: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>
- 6/26/2021 - Britches & Bridles III: Heidi Evans Medlin, 704-609-6175, medlinheidi@yahoo.com, <http://unioncountysaddleclub.weebly.com>
- 6/26/2021 - Dressage at the Park I: Martie Healy, 352-363-0085, contactmartie@gmail.com, [www.EquestrianSecretarialServices.com](http://www.EquestrianSecretarialServices.com)
- 6/26/2021 - The Oaks - Dressage & CT: Danielle M Jones, 919-260-4040, danielle@sharonoaksstables.com, [www.SharonOaksStables.com](http://www.SharonOaksStables.com)
- 6/26/2021 - TTC D/CT/Jumper: Beth R McCashin, 336-978-3278, johnttc@aol.com, [www.TTCMocksville.com](http://www.TTCMocksville.com)
- 6/27/2021 - Dressage at the Park II: Martie Healy, 352-363-0085, contactmartie@gmail.com, [www.EquestrianSecretarialServices.com](http://www.EquestrianSecretarialServices.com)
- 7/7/2021 - HRF Wednesday D/CT/HT: Heather Boyer, 910-224-1719, hlhamilton07@gmail.com, [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)
- 7/10-11/2021 - WHES July HT: Abby M Schlicht, 910-875-2074, abby@carolinahorsepark.com, [www.carolinahorsepark.com](http://www.carolinahorsepark.com)
- 7/11/2021 - Stable View Eventing Academy Sch HT: Chelsea St. Jacques, 484-365-3173, [secretary@stableviewfarm.com](mailto:secretary@stableviewfarm.com), <https://stableviewfarm.com>
- 7/17-18/2021 - Only In America: Chelsea St. Jacques, 484-365-3173, [secretary@stableviewfarm.com](mailto:secretary@stableviewfarm.com), <https://stableviewfarm.com>
- 7/17-18/2021 - Rise 'n Shine: Kay Whitlock, 9106928467, kaydq@fastmail.fm, [www.carolinadressage.com](http://www.carolinadressage.com)
- 7/24/2021 - The Oaks - Dressage & CT: Danielle M Jones, 919-260-4040, danielle@sharonoaksstables.com, [www.SharonOaksStables.com](http://www.SharonOaksStables.com)
- 7/31/2021 - Raleigh Summer Dressage I: Janine W Malone, 919-602-6203, jemrph@aol.com, [www.rosinburg-events.com](http://www.rosinburg-events.com)
- 8/1/2021 - Raleigh Summer Dressage II: Janine W Malone, 919-602-6203, jemrph@aol.com, [www.rosinburg-events.com](http://www.rosinburg-events.com)
- 8/7/2021 - Portofino Dressage & CT: Sandra S Thompson, 919-359-9090, portofinoequestriancenter@gmail.com, [www.portofinoequestrian.com](http://www.portofinoequestrian.com)
- 8/7-8/2021 - Early Morning Blues: Kay Whitlock, 9106928467, kaydq@fastmail.fm, [www.carolinadressage.com](http://www.carolinadressage.com)

8/8/2021 - Stable View Eventing Academy Sch HT: Chelsea St. Jacques, 484-365-3173, [secretary@stableviewfarm.com](mailto:secretary@stableviewfarm.com), <https://stableviewfarm.com>

8/11/2021 - HRF Wednesday D/CT/HT: Heather Boyer, 910-224-1719, [hlhamilton07@gmail.com](mailto:hlhamilton07@gmail.com), [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)

**8/14/2021 - Tryon Summer Dressage 3: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>**

8/14/2021 - TTC D/CT/Jumper: Beth R McCashin, 336-978-3278, [johnntc@aol.com](mailto:johnntc@aol.com), [www.TTCMocksville.com](http://www.TTCMocksville.com)

**8/14-15/2021 - Windridge Summer HT: Alicia Henderson, 828-674-1885, windridgefarmsnc@gmail.com, <http://windridgefarmsnc.com>**

**8/15/2021 - Tryon Summer Dressage 4: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>**

**8/18-19/2021 - Too Hot To Trot I: Chelsea St. Jacques, 484-365-3173, secretary@stableviewfarm.com, <https://stableviewfarm.com>**

8/21/2021 - Britches & Bridles IV: Heidi Evans Medlin, 704-609-6175, [medlinheidi@yahoo.com](mailto:medlinheidi@yahoo.com), <http://unioncountysaddleclub.weebly.com>

8/21/2021 - Explore the Park Dressage: Todd A Erickson, 919-889-9445, [tah@sportofhorses.com](mailto:tah@sportofhorses.com), [www.SportOfHorses.com](http://www.SportOfHorses.com)

8/21/2021 - Hanover Stables Dressage: Brittany Wilhelm, 301-742-1116, [brittwilh@gmail.com](mailto:brittwilh@gmail.com), <http://hanoverstables.net>

**8/21/2021 - Made in the Shade I: Martie Healy, 352-363-0085, contactmartie@gmail.com, <https://www.EquestrianSecretarialServices.com>**

**8/21-22/2021 - Too Hot To Trot II: Chelsea St. Jacques, 484-365-3173, secretary@stableviewfarm.com, <https://stableviewfarm.com>**

**8/22/2021 - Made in the Shade II: Martie Healy, 352-363-0085, contactmartie@gmail.com, <https://www.equestriansecretarialservices.com>**

8/28/2021 - The Oaks - Dressage & CT: Danielle M Jones, 919-260-4040, [danielle@sharonoaksstables.com](mailto:danielle@sharonoaksstables.com), [www.SharonOaksStables.com](http://www.SharonOaksStables.com)

**8/28-29/2021 - Five Points HT: Abby M Schlicht, 910-875-2074, abby@carolinahorsepark.com, [www.carolinahorsepark.com](http://www.carolinahorsepark.com)**

**9/4/2021 - Labor of Love I: Lori Kaminski, 302-545-8855, kaminski.lori@gmail.com, [www.ncdcta.org/lo](http://www.ncdcta.org/lo)**

**9/4-5/2021 - Cooldown Dressage: Kay Whitlock, 9106928467, kaydq@fastmail.fm, [www.carolinadressage.com](http://www.carolinadressage.com)**

**9/5/2021 - Labor of Love II: Lori Kaminski, 302-545-8855, kaminski.lori@gmail.com, [www.ncdcta.org/lo](http://www.ncdcta.org/lo)**

9/8/2021 - Stable View Schooling Dressage: Chelsea St. Jacques, 484-365-3173, [secretary@stableviewfarm.com](mailto:secretary@stableviewfarm.com), <https://stableviewfarm.com>

**9/9/2021 - Fall Frenzy: Chelsea St. Jacques, 484-365-3173, secretary@stableviewfarm.com, <https://stableviewfarm.com>**

9/11-12/2021 - WHES September HT: Abby M Schlicht, 910-875-2074, [abby@carolinahorsepark.com](mailto:abby@carolinahorsepark.com), [www.carolinahorsepark.com](http://www.carolinahorsepark.com)

9/15/2021 - HRF Wednesday D/CT/HT: Heather Boyer, 910-224-1719, [hlhamilton07@gmail.com](mailto:hlhamilton07@gmail.com), [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)

**9/17-18/2021 - Tryon Fall Dressage 1: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>**

9/18/2021 - Buckhorn D/CT: Bridget Gibbons MacNair, 919-795-0511, [bfcnc@gmail.com](mailto:bfcnc@gmail.com), [www.BuckhornFarmSP.com](http://www.BuckhornFarmSP.com)

9/18/2021 - Explore the Park D/CT: Todd A Erickson, 919-889-9445, [tah@sportofhorses.com](mailto:tah@sportofhorses.com), [www.SportOfHorses.com](http://www.SportOfHorses.com)

**9/18-19/2021 - Pinehurst Fall Dressage: Patricia D Hildreth, 919-210-5899, whinfarm@bellsouth.net, <http://www.sportingservices.net>**

**9/19/2021 - Tryon Fall Dressage 2: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>**

9/25/2021 - TTC D/CT/Jumper: Beth R McCashin, 336-978-3278, [johnntc@aol.com](mailto:johnntc@aol.com), [www.TTCMocksville.com](http://www.TTCMocksville.com)

9/26/2021 - Antares Dressage: Vicki M Kelley, 910-610-8511, [vicki@antaresdressage.com](mailto:vicki@antaresdressage.com), [www.antaresdressage.com](http://www.antaresdressage.com)

10/2/2021 - Hanover Stables Dressage: Brittany Wilhelm, 301-742-1116, [brittwilh@gmail.com](mailto:brittwilh@gmail.com), <http://hanoverstables.net>

10/2/2021 - Steeple Hill D/CT: Will Barrus, 336-410-1301, [shfentry@gmail.com](mailto:shfentry@gmail.com), <http://www.steeplehillfarm.com>

10/2/2021 - The Oaks - Dressage & CT: Danielle M Jones, 919-260-4040, [danielle@sharonoaksstables.com](mailto:danielle@sharonoaksstables.com), [www.SharonOaksStables.com](http://www.SharonOaksStables.com)

**10/2-3/2021 - Harvest Moon - CBLM Championships: Kathy Grisolia, 631-338-6340, kgrisolia@aol.com , [www.ncdcta.org/hm](http://www.ncdcta.org/hm)**

**10/9-10/2021 - Windridge Fall HT: Alicia Henderson, 828-674-1885, windridgefarmsnc@gmail.com, <http://windridgefarmsnc.com>**

10/10/2021 - Buckhorn D/CT: Bridget Gibbons MacNair, 919-795-0511, [bfcnc@gmail.com](mailto:bfcnc@gmail.com), [www.BuckhornFarmSP.com](http://www.BuckhornFarmSP.com)

10/13/2021 - Stable View Schooling Dressage: Chelsea St. Jacques, 484-365-3173, [secretary@stableviewfarm.com](mailto:secretary@stableviewfarm.com), <https://stableviewfarm.com>

10/17/2021 - Antares Dressage: Vicki M Kelley, 910-610-8511, [vicki@antaresdressage.com](mailto:vicki@antaresdressage.com), [www.antaresdressage.com](http://www.antaresdressage.com)

10/17/2021 - Portofino HT: Sandra S Thompson, 919-270-0089, [sandrathompson203@yahoo.com](mailto:sandrathompson203@yahoo.com), [www.Portofinoequestrian.com](http://www.Portofinoequestrian.com)

10/17/2021 - Stable View Eventing Academy Sch HT: Chelsea St. Jacques, 484-365-3173, [secretary@stableviewfarm.com](mailto:secretary@stableviewfarm.com), <https://stableviewfarm.com>

10/23/2021 - Explore the Park Dressage: Todd A Erickson, 919-889-9445, [tah@sportofhorses.com](mailto:tah@sportofhorses.com), [www.SportOfHorses.com](http://www.SportOfHorses.com)

10/23/2021 - TTC D/CT/Jumper: Beth R McCashin, 336-978-3278, [johnntc@aol.com](mailto:johnntc@aol.com), [www.TTCMocksville.com](http://www.TTCMocksville.com)

10/23-24/2021 - SPEA Oct WHES: Abby M Schlicht, 910-875-2074, [abby@carolinahorsepark.com](mailto:abby@carolinahorsepark.com), [www.carolinahorsepark.com](http://www.carolinahorsepark.com)

**10/29-31/2021 - Tryon Fall Dressage 3: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>**

10/30/2021 - HRF D/CT/HT: Heather Boyer, 910-224-1719, [hlhamilton07@gmail.com](mailto:hlhamilton07@gmail.com), [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)

10/30/2021 - Steeple Hill D/CT: Will Barrus, 336-410-1301, [shfentry@gmail.com](mailto:shfentry@gmail.com), <http://www.steeplehillfarm.com>

10/31/2021 - Buckhorn D/CT: Bridget Gibbons MacNair, 919-795-0511, [bfcnc@gmail.com](mailto:bfcnc@gmail.com), [www.BuckhornFarmSP.com](http://www.BuckhornFarmSP.com)

**11/6-7/2021 - Autumn Leaves - NCDCTA Dressage Championship: M Teresa Uddo, 352-636-2669, tuddo66@gmail.com, [www.ncdcta.org/al](http://www.ncdcta.org/al)**

FULL SCHEDULE CAN BE FOUND AT [www.NCDCTA.org/calender](http://www.NCDCTA.org/calender)

North Carolina Dressage and  
Combined Training Association  
NCDCTA Membership Secretary  
P.O. Box 5813, High Point, NC 27262-5813

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*Don't miss closing date!*

## Capital Dressage Classic

June 5 & 6, 2021

Gov. James B. Hunt Horse Complex, Raleigh, NC

Opening date: April 15<sup>th</sup>, **Closing/Received by date: May 26<sup>th</sup>**

Online Entries at: [www.equestriantentries.com](http://www.equestriantentries.com)

**Check out this awesome article published by the USEA Foundation by Leslie Threlkeld!  
She is a longtime supporter and member of NCDCTA.**

Why Not Both?

The Complementary Roles Played by  
Recognized and Schooling Competitions

LINK:

<https://useventing.com/news-media/news/why-not-both-the-complementary-roles-played-by-recognized-and-schooling-competitions>



USEA/Leslie Mintz Photo.