

# THE NEWS

MAY 2022



## North Carolina Dressage and Combined Training Association



### *NCDCTA: Changes and Updates*

## *NEWSLETTER CHANGES*

*By Communications Chair: Alex Martini*

The NCDCTA board recently held a poll regarding our monthly newsletter. Thank you so much to everyone that participated, it was incredibly helpful to get our member's input.

We had 120 respondents to the survey. There were two questions: first, switching from a hardcopy to digital only format; and second, switching to quarterly issues of the newsletter versus monthly.

Changing to a digital format for the newsletter got 69% approval. The NCDCTA May Newsletter will be the final print edition. Moving forward we will publish the Newsletters in February, May, August, and November. The NCDCTA Board Minutes will be available on the website so they can be kept current monthly.

Switching to quarterly got 92% approval. Based on that information we made the decision to transition the newsletter to being published on a quarterly basis and it will be available on the NCDCTA website.

<https://www.ncdcta.org/newsletter>

Thank you so much to everyone who participated in the survey! The goal is that these changes will allow us to provide improved content in a more eco-friendly and financially responsible way.

### **This issue:**

Shoulder Suppleness

PAGE 3 & 4

Laminitis Prevention

PAGE 5

Equine Lyme Disease

PAGE 6

Wanja Gerlach Clinic

PAGE 7

Calendar & Minutes

PAGES 8-11

## Mission: A Statement of Core Purpose

By Vice President: Helen Ingersoll

Tuesday night, May 3<sup>rd</sup>, the NCDCTA Board of Directors met for a board retreat to develop our mission statement. We first looked at some of the inner workings of our organization so that we can begin to expand our perspective to include a 3–5-year strategic planning process. It is so exciting to consider the possibilities of where we could expand some of the work we do. But it is so important that we begin by being crystal clear on who we are.

Taking an inventory of who we are and what we are doing as an organization is a labor of love. Being willing to see ourselves as we truly are, is important to inform how we move forward as well as to make way for the legacy we leave. While, perhaps, this can be uncomfortable at times, it helps us understand how to better serve our membership. And that is what we aim to do.

Surprisingly, the development of our new mission statement was easy. It flowed. We opted to use the direction of Kevin Starr Foundation and Fellows program director, to develop an 8-word mission statement. This prompt helped us get to the heart of who we are and what we do.

**To educate, promote camaraderie and recognize achievement in Dressage and Eventing**

Will you help us carry out this mission? We will be ready to talk about ways to do this soon!



# NCDCTA 2022 Board of Directors

Visit [www.NCDCTA.org](http://www.NCDCTA.org) for contact information



**President** – Lynn Kerin  
**Vice President** – Helen Ingersoll  
**Treasurer** – Heather Turner  
**Recording Secretary** – Tonya Bruno  
**Competition Chair** – Vacant  
**Communications Chair** – Alex Martini  
**JR/YR Chair** – Jennifer Flowers

**Dressage Chair** - Emme Johnston  
**Dressage Co-Chair** – Amy Brumbach  
**Eventing Chair** – Rebecca Mahaffey  
**Eventing Co-Chair** – Stephanie Bristol  
**Member at Large** – Jessica Brown  
**Member at Large** – Tiana Darling  
**Member at Large** – Charlotte Meli

## NCDCTA Newsletter Deadline is July 15<sup>th</sup> for the 3rd Quarter Issue!

### Newsletter Advertising Rates:

Members receive a 10% discount Member Rates: \$135 full page, \$90 Half Page, \$54 Quarter Page

Non-Member Rates: \$150 Full page, \$100 half page, \$60 Quarter Page

NCDCTA Newsletter Editor - Shannon St. Clair Hoffman - [news@ncdcta.org](mailto:news@ncdcta.org) or (919) 754-7568

### Annual NCDCTA Membership: (expires 11/30 annually)

Senior Member - \$59, Junior Member - \$49, Family Member - \$39  
(Family member must reside at the same address as active Senior Member)

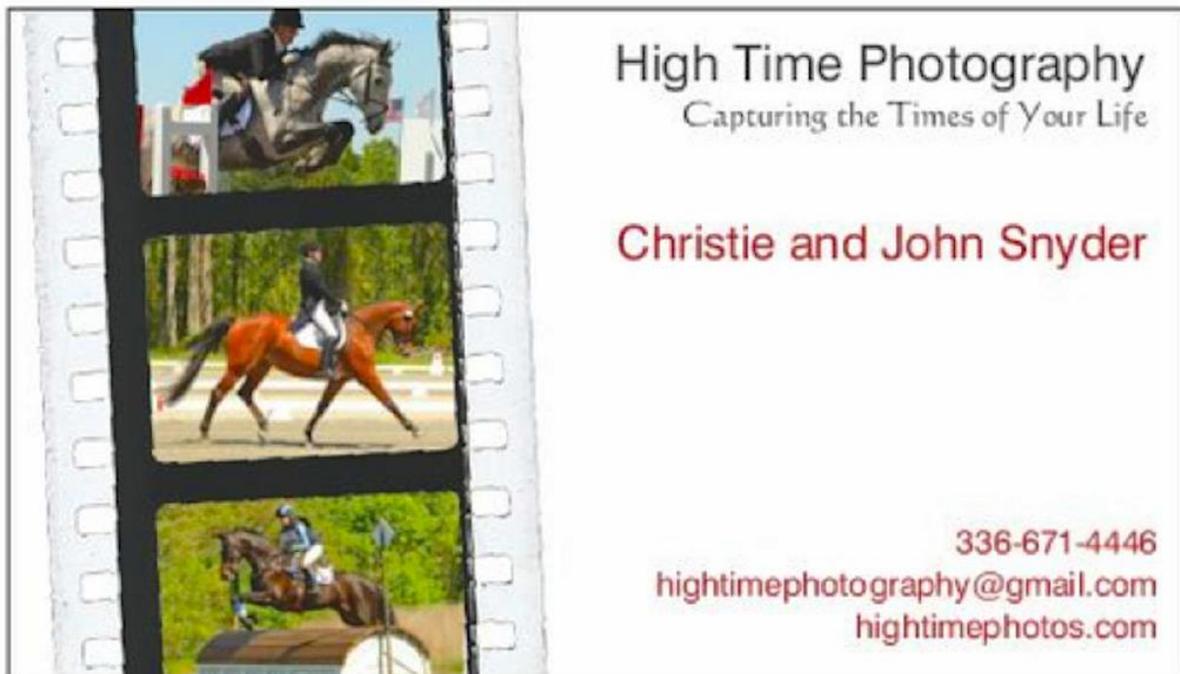
Join/Renew Today at: [www.ncdcta.org/membership](http://www.ncdcta.org/membership)

Annual NCDCTA Horse of the Year Registration (Expires 11/30 annually)

Horse Registration - \$50 or one volunteer card

Register Your Horse Today at: [www.ncdcta.org/horse-registration](http://www.ncdcta.org/horse-registration)

**REMINDER: To qualify for Horse of the Year (HOY), Rider/Owner must be active members and Horse must be registered at the time points are earned.**



High Time Photography  
Capturing the Times of Your Life

Christie and John Snyder

336-671-4446  
[hightimephotography@gmail.com](mailto:hightimephotography@gmail.com)  
[hightimephotos.com](http://hightimephotos.com)

Official Photographer for the NCDCTA

# CREATING SHOULDER SUPPLENESS

Looseness is a fundamental principle of progressive training

The Horse's Quandary - By: Leslie A. Kennedy

We talk about the suppleness of the back often, but there also has to be suppleness of the shoulders. The shoulder and scapula areas involve many muscles. An intricate system of muscles are engaged during movement; they must be operating in balance, harmony and with fluidity in order to achieve the much sought after suppleness and elevation required as one progresses from training level to Grand Prix Dressage.

The thoracic sling, part of the suspension system also comes into play and need not be forgotten, however, will be examined at a later time. In addition, there are numerous neck muscles, such as the brachiocephalicus, that also become limited in their range of motion thereby affecting the freedom of the front leg and shoulder.

In this segment I will discuss in basic terms a few of the muscles we need to become acquainted with in order to gain a primary insight into how the scapula and shoulder function, and how creating shoulder suppleness can enhance our horse's performance.

Let's look at few of the quintessential muscles I commonly find restricted or sore during a session of Equine Dynamic Bodywurks when addressing shoulder tightness in Dressage Horses.

Often, I am called out to look at a horse that seems to be "stuck" in his shoulder, appears to have trouble turning and bending, performing good half passes and canter pirouettes, or has developed a choppy or shortened stride.

The **latissimus dorsi** is layered behind other muscles and located behind the scapula. It functions by contracting when the foreleg extends forward and is placed on the ground. It then pulls the body forward (over the stationary leg). The lats, as they are commonly called assist in shoulder flexion and in limb retraction and play a role in the lateral flexion of the back.

The **trapezius** responsible for retraction and rotation allows the glenohumeral joint to move up and forward. If you observe your horse, you will notice this happens during each step. It draws the scapula forward and back. The real action serves to elevate the shoulder. This muscle inserts into the spine of the scapula.

**Rhomboids** draw the scapula upwards, forward, and backwards. In conjunction with the **cervical trapezius** the rhomboids pull the top of the scapula forward as the leg is drawn back. It runs from the poll to the withers. The rhomboids help elevate the neck and withers.

"The **brachiocephalicus** helps move the shoulder forward. The **triceps** flexes the shoulder joint and extends the elbow. Shoulder joint extension involves the **deltoid** muscle."

Another muscle, the **teres minor** flexes the shoulder joint. It originates on the back half of the scapula. It is not uncommon to find trigger points here.

And last but not least the **supraspinatus** is worthy of mention here. It extends and stabilizes the shoulder joint. The suprascapular nerve innervates it.

## IMPROVING SHOULDER SUPPLENESS

A wonderful exercise I have used for many years is the ¼ turn and ½ turn on the haunches on a square, first from the walk, then from the trot and eventually from the canter. For the purposes of this article, we will be concerned only with performing them from the walk.

As you come to the corner of your square you will be bringing his shoulders around the hind end with both reins. Maintain his hindquarters with your outside leg slightly behind the girth, the inside leg remains at the girth. The key here is to maintain the forward intent. The lines must be straight between each corner. If the horse anticipates the corner and starts the movement before you ask the exercise loses its effectiveness.

*Continued on the next page.*

It improves strength and range of motion of the thoracic sling (more on this in the future) by encouraging the horse to lift his center of gravity. When he does this, it enables him to bring his front end upwards during each stride. His movement and outline become more “uphill and supple”, his hind legs can then come under and engage.

Another effective exercise is to walk down the long side asking your horse to move his shoulders in small degrees from left to right. You will be flexing your horse at the poll toward the opposite direction you will be moving his shoulders.

For example, on the right rein, slightly flex the poll to the left and take both hands toward the right to move his shoulders over. Then go back to the correct flexion, to the right. Then take both hands and move his shoulders to the left. Continue to do this down the long side and later on try it on the centre line. This is also effective to do at the trot.

*Leslie A. Kennedy is a former Grand Prix Dressage competitor, EC Gold medalist, current EC and USEF Senior Dressage Judge, F.E.I. Dressage Steward, and Western Dressage Judge; I am a certified coach through the British Horse Society as well as Equine Canada. My familiarity with bodywork therapy is grounded on an accumulation of years of riding including training with Olympic riders and coaches, studying horses, working with equine veterinarians, chiropractors, and equine massage therapists; but most of all my deep love, and respect for the horse. Her business Equine Dynamic Bodywurks is based in Canada, but she is available for Dressage Clinics and Seminars or Bodywork in the United States. [www.dressagewurks.com](http://www.dressagewurks.com)*

Thank you to Alison Banbury and Rocky for their demonstration, photo credits to Leslie A. Kennedy



**STEP 1:** Creating flexion in the poll to the left. The next step is to move the horse's shoulders in small degrees to the opposite direction



**STEP 2:** The horse's shoulder's have moved marginally to the right. Note the horse's body stays straight.



**STEP 3:** Now that the shoulders have moved a few inches to the right, create flexion to the right and move his shoulders a few inches to the left.



**Step 4:** Ride a 1/4 turn on the haunches on a square at the walk to help improve range of motion.

# Spring Laminitis Prevention

Richard A Mansmann, VMD, PhD hon. DACVIM-LA  
[dickmansmann@gmail.com](mailto:dickmansmann@gmail.com)

It is growing-grass/higher-sugar content laminitis time of the year!! For sure thoughts along some ways of prevention of this emotionally and financially costly crippling disease might be more beneficial and less painful to your beloved performance, broodmare or retired horse and to you than learning how to treat it? By far the most common type of laminitis relates to some form of endocrine dysfunction. The following are some risk factors that can easily be defined; and then when addressed, can help reduce a painful bout of laminitis. Typical horses at endocrinopathic laminitis risk are horses with Body Condition Scores between 7 and 9, who are eight years of age or greater.

Asking your veterinarian for a couple of simple things during the spring preventive medicine visit can be helpful even if considered as baseline of information – podiatry lateral radiographs & endocrine blood tests. A lateral to medial podiatry radiograph of each of your horse's 4 feet with the shoes on (if shoes are worn) can be easily done. New information is beginning to suggest that widening of the distal lamellar zone on these radiographs implies your horse has had or is having laminar inflammation. This zone in the hoof wall can now be seen on most digital radiographs versus the older nondigital films. The negative (or positive) of this information is that your horse can be perfectly sound and doing their job normally in spite of evidence of inflammation. But if this information is available then your farrier can help with some shoeing modifications, and you might be able to help with some dietary and exercise modifications.

*AND MOST IMPORTANTLY YOUR HORSE MIGHT BE PREVENTED FROM HAVING  
A SERIOUS, LIFE THREATNEING BOUT OF LAMINITIS!*

Additionally, blood sampling for insulin, leptin and ACTH can be submitted to gain baseline information as to the possible level your horse might have Equine Metabolic Syndrome or Equine Cushing' s Disease. More is being learned about this devastating disease on an annual basis and early recognition can be key in reducing the chances of laminitis just like any other disease.

Talk to your veterinarian about these ideas and act on them before it is too late.

Follow Dr. Mansmann on FB @ Equine Podiatry Rehab or [www.EquinePodiatryRehab.com](http://www.EquinePodiatryRehab.com) - Prevention & Podiatry Consultations.

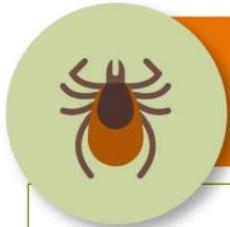


Grace Gerber  
Willow Keller  
Monika Schnacke  
Tracey Ruff  
Fran Castle  
Presley Dant  
Shannon Odenwelder  
Karen Riley  
Debbi Henderson  
Amy Warren  
Lori Beale  
Camilla Shadley  
Debbie Adams Saunders  
Maggie Bishop

Marion Price  
Tyler James  
Janet Hawkins  
Haven McConkey  
Michelle Burgess  
Vicki Reynolds  
Mandy Lindler  
Dana Taylor  
Linda Peters  
Bo Belton  
Michelle Chisholm  
Jennifer Flowers  
Aimee Klemenz  
Dawn Weniger

Jennifer Fulmer  
Natasha Corday  
Rebecca Germain  
Nancy Love  
Edi Zywicki  
Dawn Cozzolino  
Becca Swann  
Amy Brumbach  
Ashley Welborn  
Catherine Grimes  
Emily Lasher  
Heather Turner  
Key Moore

# EQUINE LYME DISEASE 101

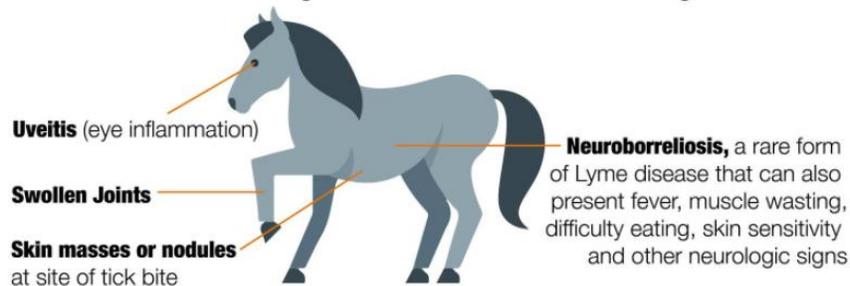


Lyme disease or borreliosis is a **bacterial infection** caused by *Borrelia burgdorferi* that is **transmitted through the bite of infected ticks (especially deer tick)**. *B. burgdorferi* can infect numerous body systems (including skin, muscle, joints, heart, eyes and nervous system) and affects both humans and animals.

## CLINICAL SIGNS:

Lyme disease is not easy to diagnose. *Clinical signs are often vague and are similar to signs caused by other diseases.* Horses with Lyme disease have clinical signs that vary in severity, and many horses will never develop any signs.

**Documented** signs include one or more of the following:



**Undocumented** but possible signs include one or more of the following:  
**stiffness; lethargy; lameness; change in behavior.**

**The horse is a dead-end host** and cannot pass the infection to humans or other animals.

## PREVENTION:

**An approved Lyme vaccine for horses is not currently available.**

If you live in tick-infested areas, strive to **reduce exposure** of your animals (and yourself) to these parasites by removing brush, leaves, and long grass from your property; using insect sprays and repellents; performing full-body "tick checks" for horse and rider routinely; discouraging animals such as deer, birds, and rodents that form a part of the tick life cycle.



**For more information about Lyme disease, contact your veterinarian.**



As the weather warms up, ticks are becoming more active – which clearly means more chances for your horses (or yourself and your family pets) to encounter this parasite. Despite their diminutive size and appearance, ticks are highly equipped to carry and transmit many serious diseases including Equine Piroplasmosis, Lyme Disease, Equine Granulocytic Anaplasmosis (Ehrlichiosis) and Tick Paralysis, so tick control remains an important management practice for horse owners.

Because ticks infected with serious diseases do not usually transmit those pathogens immediately and often must feed for a period of time before disease transmission, removing them from your horse as soon as possible is important. Check your horses for ticks thoroughly after a ride, and at least daily if they're out on pasture in order to prevent disease transmission.

From a pasture management perspective, you can decrease the number of ticks your horse may pick up by removing brush and moving tall grass where ticks like to live and discouraging wildlife such as deer and that tends to reintroduce ticks to grazing areas.

For more information, read the AAEP's External Parasite and Vector Control Guidelines at <http://aaep.org/horsehealth/tick-control-horses>

Additional facts about Lyme disease in horses is available on the **Equine Disease Communication Center** website at [https://www.equinediseasecc.org/.../DiseaseFactsheet\\_Lyme](https://www.equinediseasecc.org/.../DiseaseFactsheet_Lyme).

Source: American Association of Equine Practitioners [www.aaep.org](http://www.aaep.org)

# Wanja Gerlach Clinic March 2022

By: NCDCTA Education Scholarship Recipient- Claudia Foushee

Thanks to the NCDCTA Educational Scholarship, this past March I attended a dressage clinic with Wanja Gerlach at Ride the Sky Stables in Apex, NC. Wanja is a USDF Bronze, Silver and Gold Medalist, has competed at the U.S. Dressage Festival of Champions and U.S. National Young Horse Dressage Championships and has won multiple USDF Region 1 Championships.

It was a beautiful weekend and several NCDCTA junior members attended the clinic to help with preparation for their 2022 show seasons. Wanja was very encouraging with all the clinic attendees and over the course of the weekend he really seemed to be able to get the best out of every horse and rider.

I attended the clinic with my horse Riddle (Uriel 2013), an eight-year-old Andalusian cross. We have been competing in first level dressage and hope to move up to second level within the year. As soon as I entered the ring, Wanja had me focus on using my warmup as a time to get my horse moving properly and to take as long as needed to really get my horse to have a quality walk before moving into other gaits. Riddle has a long neck which makes it easy for him to suck under and put his nose to his chest. I tend to focus on bringing his nose out rather than having his poll where it needs to be. Wanja worked with me on keeping Riddle's poll parallel to the ground and to not worry about his nose position since that will come in time. Keeping his poll in even with his withers makes it easier for him to properly reach into the bridle.

Additionally, Wanja had me spend time working at pressing the horse forward, so we had enough energy to push into the bridle properly. As a result, I felt a big improvement in our stride as Riddle fully engaged and lifted his back. I was surprised by how much more leg I needed to achieve this! Once our gaits improved, I was able to sit the trot more easily. Wanja also reminded me to keep my long-term goals in mind and to ride for the level I want to achieve, not my next test or show.

Wanja gave me a lot of great advice that seemed to work well for me and my horse. His instruction has continued to help me in my lessons, and I am working hard to not rush my warmup and keep my goals in mind. The entire clinic was a lot of fun and I think all of the clinic participants, adults, and kids, learned a lot, and enjoyed the weekend. I am thankful to Wanja Gerlach, Ride the Sky Stables, and, of course, the NCDCTA for giving me the opportunity to attend the clinic.



*Claudia Foushee riding Uriel 2013 at the Wanja Gerlach Clinic at Ride the Sky Stables. Photo Credit to: Amy Hobeika*



*Wanja Gerlach with Junior the NCDCTA members Ellie Chisholm, Claudia Foushee, Ava Nettesheim, Claire Nestor, and Jadyn Lee. Photo Credit to: Amy Hobeika*



For information about Scholarships visit:

<https://www.ncdcta.org/scholarships>



# NCDCTA CALENDAR

FULL SCHEDULE CAN BE FOUND AT [www.NCDCTA.org/calender](http://www.NCDCTA.org/calender)

*SHOWS & EVENTS for 2022 - Please check the Calendar online to stay up to date!*

- 5/6-8/2022 - Dressage in the Sandhills: Kay Whitlock, 9106928467, [kaydq@fastmail.fm](mailto:kaydq@fastmail.fm), [www.carolinadressage.com](http://www.carolinadressage.com)**  
5/7/2022 - Hillcrest Farm Schooling HT: Janet Southgate Cagle, 336-918-4329, [cagle.janet@gmail.com](mailto:cagle.janet@gmail.com),  
[www.hillcrestfarms.blogspot.com](http://www.hillcrestfarms.blogspot.com)
- 5/7-8/2022 - Tryon Spring Dressage 2: Monica Meyers Fitzgerald, 954-647-7940, [mon1206@aol.com](mailto:mon1206@aol.com),  
<http://tryon.couth.com>**
- 5/11/2022 - HRF Wednesday D/CT/HT/WD: Heather Boyer, 910-224-1719, [hlhamilton07@gmail.com](mailto:hlhamilton07@gmail.com),  
[www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)
- 5/11/2022 - Stable View Schooling Dressage: Cyndy Olliff, 484-356-3173, [cyndy@stableviewfarm.com](mailto:cyndy@stableviewfarm.com),  
<https://stableviewfarm.com>
- 5/14/2022 - Explore the Park Dressage: Todd A Erickson, 919-889-9445, [tah@sportofhorses.com](mailto:tah@sportofhorses.com), [www.SportOfHorses.com](http://www.SportOfHorses.com)
- 5/14-15/2022 - Raleigh Spring Dressage: Janine W Malone, 919-602-6203, [jemrph@aol.com](mailto:jemrph@aol.com), [www.rosinburg-events.com](http://www.rosinburg-events.com)**
- 5/14-15/2022 - WHES May HT: Abby M Schlicht, 910-875-2074, [abby@carolinahorsepark.com](mailto:abby@carolinahorsepark.com), [www.carolinahorsepark.com](http://www.carolinahorsepark.com)
- 5/21/2022 - Britches & Bridles III: Heidi Evans Medlin, 704-609-6175, [medlinheidi@yahoo.com](mailto:medlinheidi@yahoo.com),  
<http://unioncountysaddleclub.weebly.com>
- 5/21/2022 - Portofino Dressage & CT: Sandra S Thompson, 919-359-9090, [portofinoequestriancenter@gmail.com](mailto:portofinoequestriancenter@gmail.com),  
[www.portofinoequestrian.com](http://www.portofinoequestrian.com)
- 5/21/2022 - TTC D/CT/Jumper: Beth R McCashin, 337-978-3278, [johnntc@aol.com](mailto:johnntc@aol.com), [www.TTCMocksville.com](http://www.TTCMocksville.com)
- 5/22/2022 - Antares Dressage: Vicki M Kelley, 910-610-8511, [vicki@antaresdressage.com](mailto:vicki@antaresdressage.com), [www.antaresdressage.com](http://www.antaresdressage.com)
- 5/22/2022 - Stable View Eventing Academy Sch HT: Christina Barrera, 484-356-3173, [christina@stableviewfarm.com](mailto:christina@stableviewfarm.com),  
<https://stableviewfarm.com>
- 5/25/2022 - CLOSE: Capital Dressage Classic: M Teresa Uddo, 352-636-2669, [tuddo66@gmail.com](mailto:tuddo66@gmail.com), [www.ncdcta.org/cdc](http://www.ncdcta.org/cdc)
- 5/28/2022 - Steeple Hill D/CT: Will Barrus, 336-410-1301, [shfentry@gmail.com](mailto:shfentry@gmail.com), <http://www.steeplehillfarm.com>
- 5/28-29/2022 - MayDay Dressage: Kay Whitlock, 9106928467, [kaydq@fastmail.fm](mailto:kaydq@fastmail.fm), [www.carolinadressage.com](http://www.carolinadressage.com)**
- 6/4/2022 - Hanover Stables Dressage: Brittany Wilhelm, 301-742-1116, [brittwilh@gmail.com](mailto:brittwilh@gmail.com), <http://hanoverstables.net>
- 6/4-5/2022 - Capital Dressage Classic: M Teresa Uddo, 352-636-2669, [tuddo66@gmail.com](mailto:tuddo66@gmail.com), [www.ncdcta.org/cdc](http://www.ncdcta.org/cdc)**
- 6/4-5/2022 - Dressage at FENCE: Patti Hildreth, 919-210-5899, [dressageatfence@gmail.com](mailto:dressageatfence@gmail.com), [www.FENCE.org](http://www.FENCE.org)**
- 6/5/2022 - Antares Dressage: Vicki M Kelley, 910-610-8511, [vicki@antaresdressage.com](mailto:vicki@antaresdressage.com), [www.antaresdressage.com](http://www.antaresdressage.com)
- 6/11/2022 - Steeple Hill D/CT: Will Barrus, 336-410-1301, [shfentry@gmail.com](mailto:shfentry@gmail.com), <http://www.steeplehillfarm.com>
- 6/11-12/2022 - Summertime Blues: Kay Whitlock, 9106928467, [kaydq@fastmail.fm](mailto:kaydq@fastmail.fm), [www.carolinadressage.com](http://www.carolinadressage.com)**
- 6/11-12/2022 - WHES June HT: Abby M Schlicht, 910-875-2074, [abby@carolinahorsepark.com](mailto:abby@carolinahorsepark.com), [www.carolinahorsepark.com](http://www.carolinahorsepark.com)
- 6/15/2022 - HRF Wednesday D/CT/HT/WD: Heather Boyer, 910-224-1719, [hlhamilton07@gmail.com](mailto:hlhamilton07@gmail.com),  
[www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)
- 6/17-18/2022 - Tryon Summer Dressage 1: Monica Meyers Fitzgerald, 954-647-7940, [mon1206@aol.com](mailto:mon1206@aol.com),  
<http://tryon.couth.com>**
- 6/18/2022 - Explore the Park D/CT: Todd A Erickson, 919-889-9445, [tah@sportofhorses.com](mailto:tah@sportofhorses.com), [www.SportOfHorses.com](http://www.SportOfHorses.com)
- 6/18/2022 - TTC D/CT/Jumper: Beth R McCashin, 336-978-3278, [johnntc@aol.com](mailto:johnntc@aol.com), [www.TTCMocksville.com](http://www.TTCMocksville.com)
- 6/18-19/2022 - Summer Solstice: Cyndy Olliff, 484-356-3173, [cyndy@stableviewfarm.com](mailto:cyndy@stableviewfarm.com), <https://stableviewfarm.com>**
- 6/19/2022 - Tryon Summer Dressage 2: Monica Meyers Fitzgerald, 954-647-7940, [mon1206@aol.com](mailto:mon1206@aol.com),  
<http://tryon.couth.com>**
- 6/25/2022 - Dressage at the Park I: Martie Healy, 352-363-0085, [contactmartie@gmail.com](mailto:contactmartie@gmail.com),  
[www.EquestrianSecretarialServices.com](http://www.EquestrianSecretarialServices.com)
- 6/26/2022 - Dressage at the Park II: Martie Healy, 352-363-0085, [contactmartie@gmail.com](mailto:contactmartie@gmail.com),  
[www.EquestrianSecretarialServices.com](http://www.EquestrianSecretarialServices.com)
- 7/2/2022 - HRF D/CT/HT/WD: Heather Boyer, 910-224-1719, [hlhamilton07@gmail.com](mailto:hlhamilton07@gmail.com), [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)
- 7/9-10/2022 - WHES July HT: Abby M Schlicht, 910-875-2074, [abby@carolinahorsepark.com](mailto:abby@carolinahorsepark.com), [www.carolinahorsepark.com](http://www.carolinahorsepark.com)
- 7/10/2022 - Stable View Eventing Academy Sch HT: Christina Barrera, 484-356-3173, [christina@stableviewfarm.com](mailto:christina@stableviewfarm.com),  
<https://stableviewfarm.com>
- 7/16/2022 - Portofino Dressage Series: Sandra S Thompson, 919-359-9090, [portofinoequestriancenter@gmail.com](mailto:portofinoequestriancenter@gmail.com),  
[www.portofinoequestrian.com](http://www.portofinoequestrian.com)
- 7/16-17/2022 - Only In America: Cyndy Olliff, 484-356-3173, [cyndy@stableviewfarm.com](mailto:cyndy@stableviewfarm.com), <https://stableviewfarm.com>**
- 7/16-17/2022 - Rise 'n Shine: Kay Whitlock, 9106928467, [kaydq@fastmail.fm](mailto:kaydq@fastmail.fm), [www.carolinadressage.com](http://www.carolinadressage.com)**

7/22/2022 - DUE: Harvest Moon Jr/YR Scholarship App: Jennifer Flowers, 704-296-1173, jyr@ncdcta.org, <https://www.ncdcta.org/junior-scholarship>

7/22/2022 - DUE: Labor of Love Jr/YR Scholarship App: Jennifer Flowers, 704-296-1173, jyr@ncdcta.org, <https://www.ncdcta.org/junior-scholarship>

7/23/2022 - OPEN: Labor of Love I & II: Lori Kaminski, 302-545-8855, kaminski.lori@gmail.com, [www.ncdcta.org/lo](http://www.ncdcta.org/lo)

7/23/2022 - OPEN: NCDCTA Harvest Moon & 2021 CBLM Championship: Patti Hildreth, 919-210-5899, ssdlcinfo@gmail.com, [www.ncdcta.org/hm](http://www.ncdcta.org/hm)

7/23-24/2022 - Summer Breeze: Martie Healy, 352-363-0085, contactmartie@gmail.com, <https://www.EquestrianSecretarialServices.com>

7/30/2022 - Raleigh Summer Dressage I: Janine W Malone, 919-602-6203, jemrph@aol.com, [www.rosinburg-events.com](http://www.rosinburg-events.com)

7/31/2022 - Raleigh Summer Dressage II: Janine W Malone, 919-602-6203, jemrph@aol.com, [www.rosinburg-events.com](http://www.rosinburg-events.com)

8/6/2022 - Portofino Dressage & CT: Sandra S Thompson, 919-359-9090, portofinoequestriancenter@gmail.com, [www.portofinoequestrian.com](http://www.portofinoequestrian.com)

8/6-7/2022 - Early Morning Blues: Kay Whitlock, 9106928467, kaydq@fastmail.fm, [www.carolinadressage.com](http://www.carolinadressage.com)

8/13/2022 - Made in the Shade I: Martie Healy, 352-363-0085, contactmartie@gmail.com, <https://www.EquestrianSecretarialServices.com>

8/13/2022 - Tryon Summer Dressage 3: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>

8/14/2022 - Made in the Shade II: Martie Healy, 352-363-0085, contactmartie@gmail.com, <https://www.equestriansecretarialservices.com>

8/14/2022 - Stable View Eventing Academy Sch HT: Christina Barrera, 484-356-3173, christina@stableviewfarm.com, <https://stableviewfarm.com>

8/14/2022 - Tryon Summer Dressage 4: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>

8/17/2022 - CLOSE: Labor of Love I & II: Lori Kaminski, 302-545-8855, kaminski.lori@gmail.com, [www.ncdcta.org/lo](http://www.ncdcta.org/lo)

8/17/2022 - HRF Wednesday D/CT/HT/WD: Heather Boyer, 910-224-1719, hlhamilton07@gmail.com, [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)

8/17-18/2022 - Too Hot To Trot I: Cyndy Olliff, 484-356-3173, cyndy@stableviewfarm.com, <https://stableviewfarm.com>

8/19-21/2022 - Too Hot To Trot II: Cyndy Olliff, 484-356-3173, cyndy@stableviewfarm.com, <https://stableviewfarm.com>

8/20/2022 - Explore the Park Dressage: Todd A Erickson, 919-889-9445, tah@sportofhorses.com, [www.SportOfHorses.com](http://www.SportOfHorses.com)

8/20/2022 - TTC D/CT/Jumper: Beth R McCashin, 336-978-3278, johnttc@aol.com, [www.TTCMocksville.com](http://www.TTCMocksville.com)

8/20-21/2022 - Dressage at Endless Summer: Cassidy Oeltjen, 618-201-3290, cassidy.sitton@gmail.com, <https://www.sportingservices.net>

8/27-28/2022 - WHES August HT: Abby M Schlicht, 910-875-2074, abby@carolinahorsepark.com, [www.carolinahorsepark.com](http://www.carolinahorsepark.com)

9/3/2022 - Labor of Love I: Lori Kaminski, 302-545-8855, kaminski.lori@gmail.com, [www.ncdcta.org/lo](http://www.ncdcta.org/lo)

9/3-4/2022 - Cooldown Dressage: Kay Whitlock, 9106928467, kaydq@fastmail.fm, [www.carolinadressage.com](http://www.carolinadressage.com)

9/4/2022 - Labor of Love II: Lori Kaminski, 302-545-8855, kaminski.lori@gmail.com, [www.ncdcta.org/lo](http://www.ncdcta.org/lo)

9/10-11/2022 - Five Points HT: Abby M Schlicht, 910-875-2074, abby@carolinahorsepark.com, [www.carolinahorsepark.com](http://www.carolinahorsepark.com)

9/12/2022 - CLOSE: NCDCTA Harvest Moon & 2021 CBLM Championship: Patti Hildreth, 919-210-5899, ssdlcinfo@gmail.com, [www.ncdcta.org/hm](http://www.ncdcta.org/hm)

9/14/2022 - HRF Wednesday D/CT/HT/WD: Heather Boyer, 910-224-1719, hlhamilton07@gmail.com, [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)

9/14/2022 - Stable View Schooling Dressage: Cyndy Olliff, 484-356-3173, cyndy@stableviewfarm.com, <https://stableviewfarm.com>

9/16/2022 - Fall Frenzy: Cyndy Olliff, 484-356-3173, cyndy@stableviewfarm.com, <https://stableviewfarm.com>

9/16-17/2022 - Tryon Fall Dressage 1: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>

9/17/2022 - Explore the Park D/CT: Todd A Erickson, 919-889-9445, tah@sportofhorses.com, [www.SportOfHorses.com](http://www.SportOfHorses.com)

9/17/2022 - TTC D/CT/Jumper: Beth R McCashin, 336-978-3278, johnttc@aol.com, [www.TTCMocksville.com](http://www.TTCMocksville.com)

9/18/2022 - Tryon Fall Dressage 2: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>

9/23-25/2022 - Harvest Moon - CBLM Championship: Patti Hildreth, 919-210-5899, ssdlcinfo@gmail.com, [www.ncdcta.org/hm](http://www.ncdcta.org/hm)

9/24/2022 - Britches & Bridles IV: Heidi Evans Medlin, 704-609-6175, medlinheidi@yahoo.com, <http://unioncountysaddleclub.weebly.com>

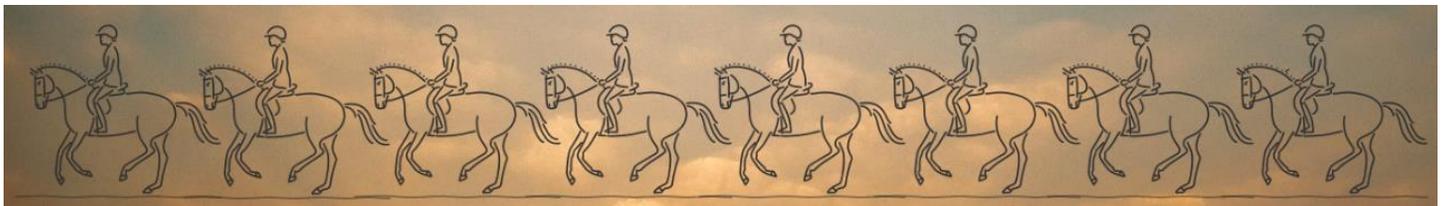
9/24/2022 - Portofino Dressage & CT: Sandra S Thompson, 919-359-9090, portofinoequestriancenter@gmail.com, [www.portofinoequestrian.com](http://www.portofinoequestrian.com)

9/25/2022 - DUE: Autumn Leaves Jr/YR Scholarship App: Jennifer Flowers, 704-296-1173, jyr@ncdcta.org, <https://www.ncdcta.org/junior-scholarship>

9/26/2022 - OPEN: NCDCTA Autumn Leaves & NCDCTA Dressage Championship: M Teresa Uddo, 352-636-2669, tuddo66@gmail.com, [www.ncdcta.org/al](http://www.ncdcta.org/al)

10/1/2022 - Hanover Stables Dressage: Brittany Wilhelm, 301-742-1116, brittwill@gmail.com, <http://hanoverstables.net>  
 10/1/2022 - Steeple Hill D/CT: Will Barrus, 336-410-1301, shfentry@gmail.com, <http://www.steeplehillfarm.com>  
 10/2/2022 - Buckhorn D/CT: Bridget Gibbons MacNair, 919-795-0511, bfeenc@gmail.com, [www.BuckhornFarmSP.com](http://www.BuckhornFarmSP.com)  
**10/8-9/2022 - Pinehurst Fall Dressage: Patricia D Hildreth, 919-210-5899, whinfarm@bellsouth.net, <http://www.sportingservices.net>**  
 10/12/2022 - Stable View Schooling Dressage: Cyndy Olliff, 484-356-3173, cyndy@stableviewfarm.com, <https://stableviewfarm.com>  
 10/15/2022 - Explore the Park Dressage: Todd A Erickson, 919-889-9445, tah@sportofhorses.com, [www.SportOfHorses.com](http://www.SportOfHorses.com)  
 10/16/2022 - Portofino HT/CT: Sandra S Thompson, 919-359-9090, sandrathompson203@yahoo.com, [www.Portofinoequestrian.com](http://www.Portofinoequestrian.com)  
 10/16/2022 - Stable View Eventing Academy Sch HT: Christina Barrera, 484-356-3173, christina@stableviewfarm.com, <https://stableviewfarm.com>  
 10/22-23/2022 - SPEA Oct WHES: Abby M Schlicht, 910-875-2074, abby@carolinahorsepark.com, [www.carolinahorsepark.com](http://www.carolinahorsepark.com)  
**10/22-23/2022 - Tryon Riding and Hunt Club "Morris the Horse" Trials: Erin Stormont, 910-617-2531, stormshavenfarm@gmail.com, <https://tryonridingandhuntclub.org>**  
 10/26/2022 - CLOSE: NCDCTA Autumn Leaves & NCDCTA Dressage Championship: M Teresa Uddo, 352-636-2669, tuddo66@gmail.com, <https://www.ncdcta.org/al>  
**10/28-30/2022 - Tryon Fall Dressage 3: Monica Meyers Fitzgerald, 954-647-7940, mon1206@aol.com, <http://tryon.couth.com>**  
 10/29/2022 - HRF D/CT/HT/WD: Heather Boyer, 910-224-1719, hlhamilton07@gmail.com, [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)  
 10/29/2022 - Steeple Hill D/CT: Will Barrus, 336-410-1301, shfentry@gmail.com, <http://www.steeplehillfarm.com>  
 11/5/2022 - Portofino Dressage Series: Sandra S Thompson, 919-359-9090, [portofinoequestriancenter@gmail.com](mailto:portofinoequestriancenter@gmail.com), [www.portofinoequestrian.com](http://www.portofinoequestrian.com)  
**11/5-6/2022 - Autumn Leaves - NCDCTA Dressage Championship: M Teresa Uddo, 352-636-2669, tuddo66@gmail.com, [www.ncdcta.org/al](http://www.ncdcta.org/al)**  
 11/9/2022 - Stable View Schooling Dressage: Cyndy Olliff, 484-356-3173, cyndy@stableviewfarm.com, <https://stableviewfarm.com>  
 11/12/2022 - Britches & Bridles V: Heidi Evans Medlin, 704-609-6175, medlinheidi@yahoo.com, <http://unioncountysaddleclub.weebly.com>  
**11/12-13/2022 - WHES Nov Championships & NCDCTA Eventing Championships: Abby M Schlicht, 910-875-2074, abby@carolinahorsepark.com, [www.carolinahorsepark.com](http://www.carolinahorsepark.com)**  
 11/19/2022 - Explore the Park D/CT: Todd A Erickson, 919-889-9445, tah@sportofhorses.com, [www.SportOfHorses.com](http://www.SportOfHorses.com)  
 11/20/2022 - Buckhorn D/CT: Bridget Gibbons MacNair, 919-795-0511, bfeenc@gmail.com, [www.BuckhornFarmSP.com](http://www.BuckhornFarmSP.com)  
 11/20/2022 - Stable View Eventing Academy Sch HT: Christina Barrera, 484-356-3173, christina@stableviewfarm.com, <https://stableviewfarm.com>  
 11/23/2022 - HRF Wednesday D/CT/HT/WD: Heather Boyer, 910-224-1719, hlhamilton07@gmail.com, [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)  
 12/4/2022 - Starter HT at Whistling H Farm: Carrie Everhart, 919-413-0917, shawneeacres@gmail.com, <https://www.facebook.com/whistlinghfarms>  
**12/10-11/2022 - Winter Wonderland: Cyndy Olliff, 484-356-3173, cyndy@stableviewfarm.com, <https://stableviewfarm.com>**  
 12/17/2022 - HRF Wednesday D/CT/HT/WD: Heather Boyer, 910-224-1719, hlhamilton07@gmail.com, [www.HeatherRidgeFarm.org](http://www.HeatherRidgeFarm.org)  
 12/18/2022 - Stable View Eventing Academy Sch HT: Christina Barrera, 484-356-3173, christina@stableviewfarm.com, <https://stableviewfarm.com>

FULL SCHEDULE CAN BE FOUND AT [www.NCDCTA.org/calender](http://www.NCDCTA.org/calender)



Capitol Dressage Classic! Closing May 25<sup>th</sup>, 2022 - Show: June 4-5, 2022

# NCDCTA Board Meeting

April 5, 2022

Lynn Kerin called the April 5, 2022, Board of Directors Meeting to order at 7:01. In attendance at the meeting were Lynn Kerin, Helen Ingersoll, Jessica Brown, Heather Turner, Alex Martini, Stephanie Bristol, Rebecca Mahaffey, Charlotte Meli, Emme Johnson and Tonya Bruno. Absent Board Members were Tiana Darling, Amy Brumbach and Jennifer Flowers. Non-Board Members at the start of the Meeting were Will Barrus and Patti Hildreth.

Will Barrus reported on current Membership Numbers (see below) as well as sharing more detailed Membership trends since 2018.

## **Current membership numbers for 4/5/2022**

*Adult Amateur: 290*

*Jr/YR: 91*

*Open: 101*

*Total Members: 482*

*Paid Horses: 234*

*Volunteer Card Horses: 74*

*Total Horses: 308*

Patti Hildreth is serving as a contract employee as our Competition Chair position is vacant. She gave the Board information as to shows scheduled for 2022. Capital Dressage Classic is the first NCDCTA Show and entries open April 10.

**President's Report**, Lynn Kerin met with several Show Organizers and Breeders to discuss adding Breeder Awards to HOY. This will be discussed more at the May Retreat as to implementation and number of Awards.

**Vice President's Report**, Helen Ingersoll is working on determining SOW (Scope of Work) for our current Contract workers as well as developing formal contracts. She is also working on our Mission Statement, Strategic partnership development and an onboarding Handbook to outline roles and responsibilities for Board and Chair positions.

**Treasurer's Report**, Heather Turner is our new Treasurer and has been working with our outgoing Treasurer, Tyler James, in the transition. Lynn Kerin discussed the recommendation of adding a separate horse show checking account to increase delineation between accounts.

**Communication Report**, Alex Martini discussed the cost of the monthly print and mailing of the Newsletter. After discussion it was decided to ask the Membership their thoughts on either going to a straight digital/online format or moving toward a quarterly printed and mailed Newsletter. Alex is also working to increase our Social media presence and develop a social media calendar to better organize the Social Media platforms.

**Eventing Report**: Stephanie Bristol and Rebecca Mahaffey spoke with outgoing Board Members to better understand ordering of ribbons and prizes for the WAR Horse Events. They need NCDCTA Members at WAR Horse Events to present the NCDCTA prizes.

**Dressage Education Report**: Emme Johnston is working on an "Ask the Experts" and Amy Brumbach (co-Chair) is putting together a Breeder Panel for the Fall. They are also working for a larger clinic for 2022. Lynn Kerin encouraged Emme to consider a big-name clinician for 2023. The Board gave Emme some ideas on who they would each like.

**Jr/YR Report**: Jennifer Flowers is working to get a Dressage 4 Kids clinic scheduled with Lendon Gray, perhaps one in the Charlotte area and one in the Raleigh or Southern Pines area. Jennifer is also working to schedule a clinic that will include jumping and dressage instructors. Lynn asked Jennifer to arrange an exhibition of Jr/YR for the BLM's in the Fall.

The Meeting was adjourned at 8:53. The next meeting is an in-person Board strategic planning retreat scheduled for May 3, 2022, at the home of Lynn Kerin.

Minutes approved by majority vote on April 7, 2022, and respectfully submitted by Tonya Bruno, Recording Secretary.

North Carolina Dressage and  
Combined Training Association  
NCDCTA Membership Secretary  
P.O. Box 5813, High Point, NC 27262-5813

NONPROFIT ORGANIZATION  
US POSTAGE PAID  
SOUTHERN PINES, NC  
PERMIT No. 289



**NCDCTA**

NCDCTA Sponsored Competition

# Capital Dressage Classic

JUNE 4 & 5, 2022



Gov. James B. Hunt Horse Complex, 4601 Trinity Road, Raleigh, NC  
Opening Date: April 10, 2022  
Closing/Received by date: May 25, 2022

**Online entries at: [www.equestrianentries.com](http://www.equestrianentries.com)**

**Manager/Entry Secretary:** Teresa Uddo  
Phone: 352-636-2669 Fax: 321-233-0221  
Mail entries: Teresa Uddo – Entry Secretary  
1082 Berkshire Lane, Aiken SC 29805



NCDCTA Junior Scholarships due 4/9/2022  
<https://www.ncdcta.org/junior-scholarship>  
[www.ncdcta.com/cdc](http://www.ncdcta.com/cdc)

